

Staff

In periods of high demand we employ Tina Wild, who is a locum Advanced Nurse Practitioner. Tina also works for Derbyshire Health United, based in New Mills

Dr Sarah Whittaker joined the practice last year as our GP Registrar and is being trained by Dr Start. Dr Whittaker will complete her training in August 2016.

We have fourth year medical students (Training to be doctors) who join the Practice for a few weeks to learn about General Practice and Primary Care.

Linda Simmonds, Nurse Practitioner has a clinic at New Mills where she sees patients as part of the Nurse Practitioner team.

The Teenage Drop in clinic, held on Mondays, will be available from 3.15pm to 4.15 pm at Sett Valley, New Mills.

Anne Proud and Emma Simmons hold pre-diabetes clinics. Patients are booked into these clinics by invite letter.

They also offer a social nail care service for non-registered patients. Please make enquires at either surgeries — £14.00 per person.

Fiona's diabetic clinics, Wednesday evenings 6pm to 8pm, are being fully utilised by patients at present.

Jan McMillan is currently reviewing adult asthma patients, who will be invited for their annual review. Nurse Commuter evening clinics will resume in April 2016.

Tracey Hunt, Community Matron, who visits patients at home, will be passing her role over to Lorraine Smith at the end of April 2016. Lorraine will work along side Claire Gilham, whilst Tracey will be doing more Practice Nurse.

We have recently replaced carpets in some of the doctors rooms.

The Practice is due to have a Care Quality Commission inspection during the year, as standard procedure.

The Surgery Training Closure Dates are

13th April 2016 close 1pm

11th May 2016 close 1pm

8th June 2016 close 12.30pm

13th July 2016 close 1pm

14th Sept 2016 close 1pm

12th October 2016 close 12.30pm

9th November 2016 close 1pm

11th January 2017 close 1pm

8th Feb 2017 close 12.30pm

8th March 2017 close 1pm

Teenage vaccines are now given via school health teams. Please contact your school for information regarding vaccines .

NHS Friends & Family—Please fill in a questionnaire in the waiting room. It only takes 1 minute and will be helpful feedback for the Practice. Over 500 forms have already been submitted to NHS England, with a high percentage recommending the Practice—thank you.

Shared Care Records— we have had 500 shared care records consent forms returned (forms available at Sett Valley and the Old Bank Surgery , or on our website). If you haven't already filled in a form we should be grateful if you would .

The Surgery is hoping to hold another event later in the year, similar to the tea dance held in October 2015.

Dr Douglas has been asked to give a presentation on Diabetes at the young wives' group in New Mills - all welcome.



Tel: 01663743483

Sett Valley Medical Centre **Newsletter Issue 7 March-** **2016**





Hayfield Surgery

Has undergone some renovation in the reception area

Appointments

The appointments system has now been revised again to include advanced booking, at the request of the patients, via a patient survey; this seems to be working well at present. You can also book appointments on-line. You should contact the surgery to obtain a password to access the on-line appointments.

Derbyshire Health United

Derbyshire Health United is the Out of hours centre which is located directly opposite the Surgery. The opening times for the out of hours centre (OOH) are 18:30 till 22:30pm Monday– Friday, Saturday and Sunday and bank holidays 09:00am till 22:30. The OOH centre is a walk-in centre. No appointment is necessary to visit.

Doctor's and Practice Manager's Reports

These are produced quarterly in advance of the PPG meetings, by a doctor and the Practice Manager.

DID NOT ATTENDS (DNAs) These are appointments at the surgeries which patients fail to keep .These can be nurse appointments and GP's .These are increasing significantly. We are publishing DNA figures in the waiting rooms and these will be advertised at the practices each month. Please contact the surgeries to let us know if you cannot keep your appointment. This may allow another patient to use that appointment, if sufficient notice is given.

The appointment system generally seems to be working well .

NHS Health-checks

Patients aged between 40 and 74 are eligible for a health check, to reduce the risk of developing heart disease. Please book in with a HealthCare Assistant at the surgery, if you *don't* have a pre-existing condition.

Next Meeting

Our next Patient Participation Group Meeting is being held at New Mills Volunteer centre 4th May 6pm, please come along if you can, or if not and you would like any ideas, suggestions raised please contact nicola.fryers@nhs.net or telephone 01663743483/744246, we would love to hear our younger patient views. The Chairman is Mr Ian Mason . You can contact him by email on ppg-settvalleymc@nhs.net

The surgery opening times have now been updated on the surgery website, and one available to read at the old bank surgery Hayfield.

Talking Therapies use Hayfield surgery once a week (Thurs) and Sett Valley Wed, Fri to see clients who have been referred to talking Therapies the service is for people with low mood, depression, anxiety disorders, stress, panic, anger, phobias, trauma, bereavement ,loss ,relationship difficulties, obsessive compulsive disorder, family problems. You can collect ,leaflet and contact them on 03005555582

The practice offers private face to face treatment at both surgeries which is run by our own CBT Therapist Arlinda Hasani BSc(Hons),PG Diploma Cognitive Behavioural Therapy , for further details please ring 07551444455 or email lindaguni01@gmail.com

Trent PTS Psychological Therapies Service

Complete a referral form which you can collect from the surgery , or complete it online at www.trentpts.co.uk or Tl 01332265659

Hayfield Physiotherapy at The Old Bank Surgery Market Street Hayfield Sk22 2 EP is being run by mike Hunter registered physiotherapist who treats Arthritis, Back pain, Musculoskeletal problems, Sports and Spinal Injuries . For Further information please ring mike on 07935925951 or email mike@hayfieldphysio.com

The Donated Books which patients have donated is constantly raising money for Blythe House Please drop into either surgery and have a look at our selection , Thank you for all your support.



Bridging the Gap - Is a free wellbeing Service from the Derbyshire Federation for Mental Health , providing support to young People aged between 15 and 25 years . You can contact them on Tel : 07436812807 or 01298212602 , email:youthsupportfed@btconnect.com . Website :www.federationmentalhealth.co.uk. They will be at in the waiting room when the Teenage clinic is on if you need information or want a chat in confidence .